

# Established Patient Encounter Form

Please complete information below



Today's Date: \_\_\_ / \_\_\_ / \_\_\_

Name: \_\_\_\_\_ DOB \_\_\_ / \_\_\_ / \_\_\_ Male Female

Goal for today's visit: \_\_\_\_\_

What body part are you being seen for today? \_\_\_\_\_ Affected side(s): Right Left

Circle the symptoms that best describe your problem: Stiffness Pain Instability Numbness Swelling Weakness Sensitivity  
Other \_\_\_\_\_

If you have pain, please circle the appropriate description:

Sharp Throbbing Aching Burning Stabbing Heavy Dull Zinging Tightness

Circle the number corresponding to the intensity of your pain: (0 = no pain and 10 = the worst pain imaginable)

0 1 2 3 4 5 6 7 8 9 10

Any changes in your symptoms since your last visit?

Better Gradually Better Rapidly Worse Gradually Worse Rapidly Staying the Same

Circle what **improves** your symptoms  
Rest Ice Heat NSAID Splinting Massage

Circle what **worsens** your symptoms  
Activity Cold Pressure

Have you had steroid injections in the past?

Yes \_\_\_ No \_\_\_ Body part: \_\_\_\_\_

Did it help? Yes \_\_\_ No \_\_\_

Other treatments for this condition? (not done here)

\_\_\_\_\_  
\_\_\_\_\_

Are you currently attending hand/occupational therapy?

Yes No

If yes, where? (ex. Here, PINN, Cascade Hand Therapy, etc)

\_\_\_\_\_

Are you more interested in the following treatment:

Conservative (Non-surgical)

Surgical

Unsure

What is your work status? Employed Unemployed Disability Student Retired

Occupation \_\_\_\_\_ Employer \_\_\_\_\_



## Current Review of Systems

Check any conditions and symptoms you **currently** have:

Comments

<b>General</b> (weight gain/loss, fatigue, insomnia, fever/chills)		
<b>Eyes</b> (glasses/contacts, cataracts, glaucoma)		
<b>Ear/Nose/Throat</b> (sinus trouble, hearing loss)		
<b>Heart</b> (chest pain, high blood pressure, coronary artery disease, irregular heartbeat)		
<b>Lungs</b> (shortness of breath, asthma, lung disease)		
<b>Stomach</b> (heartburn, nausea, diarrhea, hepatitis)		
<b>Muscle / Bones</b> (joint pain, muscle pain, arthritis, fractures, sprains)		
<b>Urinary Tract</b> (painful urinating, kidney stones, prostate)		
<b>Skin</b> (masses, blisters, dermatitis, eczema)		
<b>Neurologic</b> (seizures, numbness/tingling)		
<b>Mental Health</b> (anxiety, depression)		
<b>Endocrine</b> (frequent urination, excessive thirst, diabetes, hypothyroid)		
<b>Hematological</b> (bleeding/clotting problems, anemia, swollen lymph nodes)		
<b>Allergic / Immunologic</b> (HIV/AIDS, hay fever lupus)		

**WORKER'S COMPENSATION CLAIMS ONLY**

Worker's Comp. Insurance \_\_\_\_\_ Do you have an attorney? Yes No

Claim number: \_\_\_\_\_ DOI: \_\_\_\_/\_\_\_\_/\_\_\_\_

Circle your work status or provide additional information in the "other" box below:

Currently Working    Currently working with restrictions    Not Working    Other \_\_\_\_\_

What are your restrictions? \_\_\_\_\_

If NOT working, when did you last work? \_\_\_\_/\_\_\_\_/\_\_\_\_

Any new treatments or programs the staff should be aware about? (i.e. SIMP, IME, FCE, new condition added)

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